

# SAFE Program

## Timber Creek High School

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The Student Assistance and Family Empowerment Program, SAFE, offers direct help and resources for students and families. SAFE also offers students a confidential and safe place to go if they need someone to talk to or need help resolving their problems. The SAFE office located in room 634, also deals with school crisis and implements programs at Timber Creek that help to promote non-violent, healthy and drug-free lifestyles.



**TCHS Hotline:**  
**321.235.STOP**

[TCHS Clothing Closet](#)

[TCHS Food Pantry](#)



***Sometimes*** young people face challenging issues:

- Violence
- Grief and Loss
- Divorce and family problems
- Depression and suicidal thoughts
- Lack of self-esteem
- Alcohol, tobacco and other drug abuse.
- Homelessness
- Gang involvement
- Child Abuse
- Eating concerns and other health issues
- Cultural and diversity conflict
- Relationship problem
- Sexual identity issues
- Victims of crime

***Sometimes*** they need additional support: 